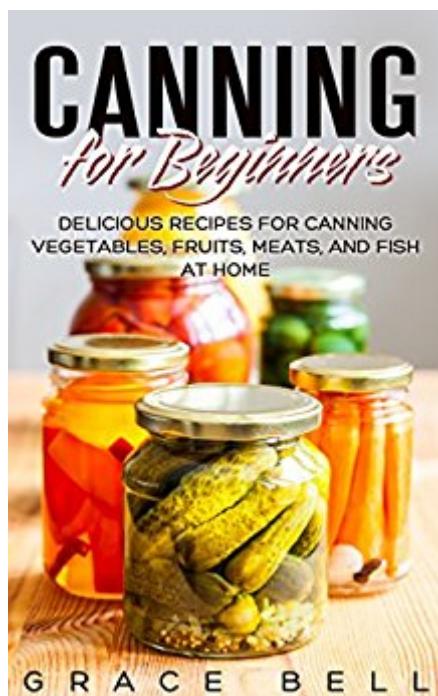


The book was found

Canning For Beginners: Delicious Recipes For Canning Vegetables, Fruits, Meats, And Fish At Home



Synopsis

Canning for Beginners Canning your own food has a number of benefits. Some people do canning as a hobby, because it's a fun way to learn something new and to preserve food. Others can for health reasons, because it's a great way to keep nutritious food in your pantry for months. Canning is also economical; as it allows you to use all the food you grow, produce, or buy. This book will make it easy for you to can and preserve food at home. By reading this book, you'll learn:

- The different methods of canning
- The pieces of equipment you'll need
- A step-by-step guide to canning your favorite food
- Canning tips for beginners
- 22 Easy and tasty canning recipes, ranging from salsas and sauces to jams, pickles, meat, and fish
- Whether you're trying to re-create the days of old or you simply want to enjoy healthy food from your own hands - canning is a new skill that you'll love having.

Download Canning for Beginners now!----TAGS: canning for beginners, canning and preserving, canning recipes, canning books, canning cookbook, how to can vegetables, how to can food book

Book Information

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Customer Reviews

I received this book free from .I remember canning with my mom every summer as a child but now that I'm an adult, I couldn't remember just how to do it. So this book was very helpful. You can bet I will be canning carrots, tomatoes, summer squash and a host of other summer/fall veggies this year...thanks to this cookbook!!! Not only canning veggies but making pickles too! How nice it will be to not have to go to the store and buy canned veggies and then have to lug them into the house by myself. I cannot wait to look in my cupboard and see my own canned goods! This book was written very well and is (to me) quite easy to understand and I would recommend it to anyone who wants to learn to can fruits/veggies!

Well written and easy to follow. Helped fix a few mistakes I had made with previous recipes.

Really wanting to try canning, kind of nervous, this was very informative! Can't wait to get started I bought tomatoes this morning.

The Clean Eating Cookbook and Diet is a valuable source of practical information on the trend of clean, healthy eating and the development of a lifestyle change. Recipes are easy to make just a good book to learn from and good tips for diet success a must have.

Great introduction to canning. Easy to follow and concise. Let the canning begin.

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